

OCTOBER 2021

# Make UMBC Yours

**NEW EMPLOYEE RESOURCES AND WAYS  
TO GET INVOLVED IN OUR CAMPUS  
COMMUNITY**



# Resources

## **Arts and Cultural Events Calendar**

Look for all the arts and cultural related events on campus by subscribing to the Arts and Cultural Events Calendar by visiting <http://artscalendar.umbc.edu/>.

## **Employee Assistance Program (EAP)**

Managed by Inova the program is designed to provide confidential and professional assessment and referral services to employees who may be experiencing problems which may be affecting their work and/or well being. The program assists in the early identification, evaluation and referral for treatment and/or counseling for family, marital, legal, mental health or substance abuse problems. For additional information go to <http://hr.umbc.edu/benefits/benefit-information/employee-assistance-program/>.

## **Library Access**

The Albin O. Kuhn Library provides access to many resources and services to help with faculty and staff professional and personal development. In addition, faculty and staff can borrow from the large collection of books, e-books, CDs, DVDs, vinyl records, etc. Go to <http://lib.guides.umbc.edu/staff-services> for more information.

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## **myUMBC Groups**

MyUMBC Groups are a great way for departments, clubs, and committees to have their own corner of the UMBC web to connect and collaborate. To research the different types of groups on the UMBC campus that might be of interest go to <http://my.umbc.edu/groups>. To sign up for training, please go to <http://my.umbc.edu/groups/training>.

## **PSS Mentoring Program**

The Professional Staff Senate (PSS) mentoring program is designed to provide an opportunity for seasoned staff to share their knowledge, resources, expertise, experience, values and skills with other exempt staff members across campus. The overall goal is to engage staff and create avenues to develop new relationships and build a stronger, more cohesive staff community at UMBC. For more information visit: [pss.umbc.edu](http://pss.umbc.edu). For questions, please contact Laila Shishineh at 410-455-3737 or [lailams@umbc.edu](mailto:lailams@umbc.edu).

**(seb) Sponsored Events:** The Student Events Board sponsors a variety of activities, some of which are open to the entire UMBC community, including staff and faculty! For the latest information on events, please see our myUMBC group

## **Recreation and UMBC Athletics**

Faculty and Staff have access to the newly renovated Retriever Activities Center (The RAC) which you will now have access to enhanced recreation program options. These include Fitness and Wellness and Intramural @ The RAC. In addition, faculty and staff have access to the indoor walking track (1/10 mile), swimming pool, outdoor tennis courts (with lights), and cardio and weight equipment. For more information go to our website [recreation.umbc.edu](http://recreation.umbc.edu) or <http://my.umbc.edu/groups/fitness-at-therac> or <http://my.umbc.edu/groups/recsports>. Follow up on social media Twitter and Instagram @UMBCrec. During this time of unique opportunity, we are providing multiple levels of fitness and wellness on demand virtual programming on our YouTube channel UMBCRecTV. Fitness instructional videos and recreation program information available on our You Tube Channel UMBCRecTV <https://www.youtube.com/channel/UC6VoRXgzdChW04sL-lycHRA>. For questions, please contact Gary Wohlstetter at [wohlstet@umbc.edu](mailto:wohlstet@umbc.edu) or 5-2638.

## **Center for Democracy and Civic Life**

The Center for Democracy and Civic Life helps people develop the knowledge, skills, and dispositions to create healthy communities and tackle challenges together. We encourage faculty and staff to join our Civic Courage Journaling Project, request a workshop or class visit, and consider applying for BreakingGround grants to implement educational and community-building courses and programs that foster civic engagement.



To learn more visit [civiclif.umbc.edu/](http://civiclif.umbc.edu/) or [my.umbc.edu/groups/civiclif](http://my.umbc.edu/groups/civiclif). The Center for Democracy and Civic Life is located on the second floor of The Commons in room 2B24. For more information contact Center for Democracy and Civic Life staff at [civiclif@umbc.edu](mailto:civiclif@umbc.edu) or 5-1565. Join the Center for Democracy and Civic Life MyUMBC group, or follow the Center on Facebook, Twitter, and Instagram: @CivicLifeUMBC.

### **UMBC Wellness Initiative**

Check out the Wellness Initiative website at <http://wellness.umbc.edu> for campus programs, services and information related to faculty/staff wellness on the UMBC campus. Some highlights include monthly Wellness Wednesday workshops, discounted prices for acupuncture and massage at University Health Services and other free workshops related to wellness.

### **Women's Center**

The Women's Center advances gender equity from an intersectional feminist perspective through co-curricular programming, support services, and advocacy for marginalized individuals and communities. Faculty and staff are encouraged to engage in the Women's Center community by attending our programs and events, spending time in our lounge area, or applying to become a member of the Women's Center Advisory Board (applications are available early spring). The Women's Center also seeks faculty and staff who are interested in helping facilitate workshops and discussions, serve on panels or committees, or write as a guest blogger for the Women's Center blog.

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The Women's Center is also home to one of the lactation rooms on campus and oversees the myUMBC Moms and Parents group. Check out the different programs and services offered by the Women's Center by visiting [womenscenter.umbc.edu](http://womenscenter.umbc.edu) or [my.umbc.edu/groups/womenscenter](http://my.umbc.edu/groups/womenscenter). The Women's Center is located on the ground floor of The Commons. We offer our support and services both in-person and virtually. For more information contact Women's Center staff at [womenscenter@umbc.edu](mailto:womenscenter@umbc.edu) or 5-2714.

**Career Center (CC)** [careers@umbc.edu](mailto:careers@umbc.edu), 410-455-2216, [careers.umbc.edu](http://careers.umbc.edu)

The UMBC Career Center, within the Division of Student Affairs, aims to empower all students and graduates to create their own success stories. We work with students at every academic level, from first-year freshmen to graduate students. Our services include career advising and counseling, networking and recruiting events, career and professional skills education, and applied learning opportunities (internships, co-ops, and research). Our team shares your commitment to providing all students with a quality education for their professional and personal success. We need your help in order to accomplish this successfully, and we value the opportunity to collaborate and partner with you to prepare UMBC students for their career journeys.

**Invite us to Present a Workshop:** Submit a short request form through our website for either a virtual or in-person presentation. Career Center professionals and/or trained career peers would love the opportunity to talk about careers, resume and interview skills, or about the resources and services we offer to UMBC students. We are also happy to speak to student groups you may advise.

**Hire a UMBC Student:** Provide referrals to positions or post your own on campus opportunities including research and internships via [UMBCworks](http://UMBCworks).

**Help Students Connect with Alumni:** Join and share details on Retrievers Connect (<https://retrieversconnect.umbc.edu>), which is a new networking platform just for members of the UMBC community to stay connected, offer and ask for career advice, and share potential opportunities. Please help spread the word to students! It is particularly helpful for identifying alumni for informational interviews.

**Tell Your Students about the Career Center:** Include information about the Career Center in your syllabi and share important upcoming events and resources with your students. Visit our calendar for various career programs and upcoming events.

**Meet and Network with Employers in Your Industry:** Meet and network with employers recruiting students at UMBC's Career and Internship Fairs and networking events hosted by the Career Center throughout the year.



# Volunteer Opportunities

## **Shared Governance**

Involvement in the campus governance allows one to professionally interact and maintain open lines of communication with others on campus. In addition, information and recommendations are provided to the decision-makers of UMBC to recognize contributions, facilitate ways to excel, and respect the value of all.

Faculty Senate	Dr. Orianne Smith	osmith@umbc.edu	5-2138
Professional Staff Senate	Ms. Jess Wyatt	jwy@umbc.edu	5-1524
Non-exempt Staff Senate	Ms. Melody Wright	melodyw@umbc.edu	5-3667

Council of University System Staff (CUSS) provides a voice for staff concerns at the system level about basic decisions that affect the welfare of USM, its constituent institutions, and its employees. CUSS functions in an informed advisory role in administrative areas and in the functional support aspects of academic matters.

CUSS Chair	Dr. Laila M. Shishineh	lailamse@umbc.edu	5-3737
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## **Collective Bargaining**

A method of mutually determining wages, hours, and terms and conditions of employment through negotiations between representatives of the employer and the union. The results of bargaining are set forth in a collective bargaining agreement or contract. To be an active

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participant in the collective bargaining process, non-exempt bargaining employees, who are represented by the American Federation of State, County and Municipal Employees (AFSCME), may contact Debbie Michaels, President (Local 1459), at 410-455-1459 or dmichaels@umbc.edu.

The Sworn Police Officers bargaining unit employees are represented by the Fraternal Order of the Police (FOP), and they may contact MPO Carl Anderson, Local President, at 410-455-3136 or acarl@umbc.edu.

### **Alumni Engagement**

**Homecoming:** There are many events to participate in such as the Bonfire, Soccer Game, Alumni and Friends Welcome Tent, Carnival, and much more. For a full calendar of events, visit [homecoming.umbc.edu](http://homecoming.umbc.edu). For more information, contact [homecoming@umbc.edu](mailto:homecoming@umbc.edu).

**Alumni Staff & Faculty Volunteers:** If you graduated from UMBC and are interested in helping the next generation of alumni reach their potential, consider being an alumni volunteer. Throughout the year, alumni are invited to engage students by distributing gifts for convocation, serving on career panels, networking with students online via Retrievers Connect and more. [alum@umbc.edu](mailto:alum@umbc.edu), 410-455-ALUM

### **Center for Art, Design and Visual Culture (CADVC)**

CADVC (Gallery, 1st floor Fine Arts): Faculty, staff, and students are encouraged to participate in making the CADVC a welcome place for the campus community by acting as ambassadors at opening receptions and educational events or by lecturing in the galleries on areas of expertise related to our exhibitions. Additional opportunities include participating in our K-14 educational outreach programs-- both on site, as gallery teachers/lecturers, and in classrooms at area schools. Opportunities occasionally arise for those with special skills who are interested in working hands-on with the artwork and/or the installation process. Sandra Abbott, [abbott@umbc.edu](mailto:abbott@umbc.edu), 5-1440

**Joseph Beuys Sculpture Park** (oak grove with stones on the south side of campus): Faculty, staff, and students who care about nature, sustainability practices, and green initiatives on campus are encouraged to participate in program planning for the Joseph Beuys Sculpture Park. The Park features 30 oak trees, partnered with large stones in a grove on the south side of campus. We welcome your ideas and assistance in planning projects promoting and using this unique campus resource. Sandra Abbott, [abbotts@umbc.edu](mailto:abbotts@umbc.edu), 5-1440



### **English Language Institute (ELI)**

Help International Students! ELI Conversation Partner Program pairs an international student with a U.S. partner for weekly conversation and cultural exchange. Need one hour per week for casual conversation or participate in an on-campus activity together. Jenn Bohlman, [conv@umbc.edu](mailto:conv@umbc.edu), 5-3676

### **Graduate School**

**Graduate School Commencement:** Greeters and Ushers are needed for the December and May graduate commencement ceremonies. Greeters assist our guests by directing them to the arena, assisting special accommodation guests, and answering any and all questions posed by our guests. Ushers distribute programs to our guests. Lisa Morgan, [limorgan@umbc.edu](mailto:limorgan@umbc.edu), 5-8142

### **Human Resources**

Employee of the Quarter Selection Committee: Committee members are responsible for promoting the Employee of the Quarter (EOQ) Program, soliciting nominations, reviewing nominations, and selecting award recipients. Meetings are held once per quarter. Members may serve either a one year or two year term. Kim Harris, [kimh@umbc.edu](mailto:kimh@umbc.edu), 5-2911

### **Institutional Advancement**

**Faculty/Staff Campaign:** You can make an even greater impact on campus through a one-time or recurring gift directly to the UMBC cause that you care most about, like



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student scholarships or research. Gifts can be made through automatic payroll deduction, by check or credit card, or online at <http://giving.umbc.edu/>. You can also give to special projects and student organizations, or propose your own campaign, through the university's crowdfunding site at <https://umbc.givecorps.com/>.

**Alternative ways to support the university** are by speaking to students, alumni, colleagues, and coworkers about the value of giving to UMBC - or - by volunteering to serve as a signatory for a fundraising letter to alumni, parents or on-campus colleagues. When hosting an event it can be valuable—but challenging—to incorporate information for guests about giving to support your department, program, or group on campus. We offer a wealth of resources to make this easier and more successful, and to ensure that your plans align with university, state and federal regulations. For more information contact: Dayna Carpenter, [dayna@umbc.edu](mailto:dayna@umbc.edu), 5-3377

**Maryland Charity Campaign:** Support others in the community by contributing to the Maryland Charity Campaign. Become your department's coordinator or promote the campaign through personal outreach to faculty, students and staff on campus. Yvette Mozie-Ross, Chair, [mozie@umbc.edu](mailto:mozie@umbc.edu), 5-3799; Kevin Mitchell, [kevinm@umbc.edu](mailto:kevinm@umbc.edu), 5-3879; Andrew Gribben, [gribben1@umbc.edu](mailto:gribben1@umbc.edu), 5-3877; Christopher Steele, Chair, [csteele@umbc.edu](mailto:csteele@umbc.edu), 5-6841; Makeba Ellis Thomson, [miri@umbc.edu](mailto:miri@umbc.edu), 5-5604

**Undergraduate Commencement:** Held every December and May, a variety of volunteers are needed such as setting up banners, greeting and ushering guests, assisting those with special accommodations, lining up students and faculty for procession, and managing overflow seating. Sandy Campbell, [campbell@umbc.edu](mailto:campbell@umbc.edu), 5-6878

**Convocation:** Attendance at this ceremony welcoming new students to the campus shows your support for our incoming students. Sandy Campbell, [campbell@umbc.edu](mailto:campbell@umbc.edu), 5-6878

### **Individualized Study (INDS)**

**Faculty/Staff Advisors:** Faculty and staff with specialized backgrounds are encouraged to work with undergraduate students to design an individualized degree program and complete a capstone project suited towards their educational and career goals. Steve Freeland, [freeland@umbc.edu](mailto:freeland@umbc.edu), 5-2024

### **The Shriver Center -Service-Learning, Community Engagement & Engaged Scholarship**

**Invite Shriver Center Staff to present** to your class regarding various virtual, remote, hybrid, and in-person resources. Michele Wolff, [wolff@umbc.edu](mailto:wolff@umbc.edu), 5-2493



**Develop a service-learning course** and provide your students with community-engaged learning opportunities. Shriver Center staff would identify appropriate community partners and navigate the process of building in this additional component (schedule, virtual/remote experiences, etc.) Michele Wolff, [wolff@umbc.edu](mailto:wolff@umbc.edu), 5-2493.

### **Campus Life**

#### **Office of Campus Life ([campuslife.umbc.edu](http://campuslife.umbc.edu))**

Campus Life works in partnership with students, faculty, and staff to create a variety of campus programs and connections. The engagement team collaborates with multiple campus departments to deliver our welcome program (Welcome Week) , Homecoming, and our annual spring festival, Quadmania. Follow the Campus Life myUMBC page to learn about events and to attend! Be an active member of this community! Our students love getting to know our faculty and staff outside of their role in the classroom or office. Please reach out to [dress@umbc.edu](mailto:dress@umbc.edu) for more information on campus banner programs.

**Student Organization Advisor:** MUMBC is home to over 200 student organizations and they need your help. We are always looking for student organization advisors to mentor and support our student groups. Subject matter expertise is not required and we promise you will learn lots along the way! Please reach out to [dress@umbc.edu](mailto:dress@umbc.edu) for ways to get involved.

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**Healthy Relationship Advocates:** The Advocates program is designed to educate the UMBC community on specific relationship violence prevention information. Student Affairs, 5-2393, [healthyrelationships.umbc.edu](http://healthyrelationships.umbc.edu)

**Behavior Risk Assessment and Consultation Team (BRACt):** BRACt assists faculty, staff, and students address situations where a person is displaying concerning, disruptive, or threatening behavior. The team is designed to provide information, recommendations, and referrals to those dealing with concerning behaviors, but does not discipline or impose sanctions against members of the campus community. For a consultation, call Student Affairs at 410-455-2393 or visit the website for more information: <https://studentaffairs.umbc.edu/bract>

**Green Dot:** The bystander intervention program helps community members notice and respond to signs of unhealthy relationships and power-based personal violence. Participants learn new skills, practice techniques, and build a community of caring. Nobody has to do everything, but everyone has to do something. Student Conduct and Community Standards, 5-2453, [conduct.umbc.edu/programs/what-is-green-dot/](http://conduct.umbc.edu/programs/what-is-green-dot/)

**Alternative Spring Break (ASB):** Support undergraduate students as they connect with non-profit organizations, community organizers, elected officials, and scholars in Baltimore and develop the knowledge, skills, and motivation to make meaningful, sustained civic contributions. Romy Hübler, [romy.huebler@umbc.edu](mailto:romy.huebler@umbc.edu), 5-3457, [civiclif.umbc.edu](http://civiclif.umbc.edu)

**STRiVE:** Nominate students to participate in a 5-day leadership for social impact retreat where they learn how to become more effective leaders and contributors to their communities. Participants emerge from STRiVE feeling confident, connected, and ready for deep involvement on campus and beyond. David Hoffman, [dhoffman@umbc.edu](mailto:dhoffman@umbc.edu), 5-1565, [civiclif.umbc.edu](http://civiclif.umbc.edu)



## **Student Conduct and Community Standards**

The Code of Student Conduct requires that Hearing Boards, which consider cases where students are contesting the allegations filed against them, and Appellate Boards, which consider appeals of conduct cases on specific grounds, must have a faculty/staff representative. Faculty and staff are encouraged to contact the office if they would like to be considered for service on a hearing or appeal alongside student justices who are highly-trained paraprofessionals. Hearings and appellate boards are convened weekly during the fall and spring semesters, most often on Fridays. Jeff Cullen, [jcullen@umbc.edu](mailto:jcullen@umbc.edu), 5-2453, [conduct.umbc.edu](http://conduct.umbc.edu)

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**Undergraduate Admissions and Orientation** - Dale Bittinger, [bittinge@umbc.edu](mailto:bittinge@umbc.edu), 5-2278

Visit Days/Just for Juniors/New Student Day/Welcoming Receptions/Orientation: Faculty and staff interested in participating in these programs and sharing their experiences, whether in person or virtually, should reach out to the Office of Undergraduate Admissions and Orientation to learn more.

**Academic Engagement & Transition Programs:** Academic Engagement and Transition Programs (AETP) works closely with academic departments and other campus units to provide an honors experience for every UMBC undergraduate. These experiences are designed to engage all students in the intellectual life of the university and promote academic excellence. For more information, contact Jill Randles, [jrandles@umbc.edu](mailto:jrandles@umbc.edu), 5-3715 and Laila Shishineh, [lailamse@umbc.edu](mailto:lailamse@umbc.edu), 5-3737.

**Introduction to an Honors University (IHU) and Transfer Seminars (TRS):** Instructors for these 1-credit academic enhancement courses provide students with the opportunity to improve skills related to student success such as writing, study skills, and time management with a focus on building a strong portfolio in order to achieve their long term goals. This occurs by working with staff, faculty and a peer facilitator who are committed to assisting students in reaching their academic goals. IHU/TRS courses are offered in both the fall and spring semesters. For more information, contact Jill Randles, [jrandles@umbc.edu](mailto:jrandles@umbc.edu), 5-3715 and Laila Shishineh, [lailamse@umbc.edu](mailto:lailamse@umbc.edu), 5-3737.

**First Year Seminars:** Three credit courses taught by full-time faculty, full-time lecturers, and full-time staff who have an affiliate faculty rank in an academic department. **Also, adjunct faculty may be nominated by their Department to apply to teach a seminar, and graduate students working with the PROFIT (Professors In Training) Program and who have a faculty mentor may apply as well.** First Year Seminars are limited to 20 students per class. The seminars are designed to create an active-learning environment enriched by field work, original research, and group projects or performance as well as more traditional reading, writing, and lecture formats. Each seminar fulfills a General Education Requirement. Jill Randles, [jrandles@umbc.edu](mailto:jrandles@umbc.edu), 5-3715

**Instructors for Academic Success Center (ASC) classes:** LRC courses help freshmen and transfer students make the transition to UMBC. We teach credit and non-credit, academic success courses in mathematics, reading, and academic skills. Our courses expose students to a variety of self-management and study techniques that can be applied to current and future courses. We also teach a course that assists students who are on probation, suspension, or dismissal to successfully meet their academic goals. Instructors are selected based on their teaching experience, education, and familiarity with the resources and policies of UMBC. Cassie Hoddinott, [hoddinott@umbc.edu](mailto:hoddinott@umbc.edu), 5-2447.

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**Retriever Essentials** - 30% of college students face food insecurity and this number is increasing, among our entire community, due to COVID-19. Retriever Essentials and our UMBC community is constantly collecting non-perishable foods, which we are distributing to our students, faculty, and staff who are facing food insecurity. Students, faculty, and staff facing food insecurity can pick up bags of nonperishable foods and toiletries at the 24-hour campus police station. Home delivery is available on a case-by-case basis.

Please donate healthy non-perishable foods to the 24-hour Campus Police Station, or donate contactlessly through the Amazon wishlist found on our website. More importantly, please direct members of our community to our resources as much as possible, as you never know who may be struggling to meet their basic needs. Sharing our myUMBC and social media posts, including a link to our website in your programming, and adding our link to your signature are all ways that you can help.

To learn more about Retriever Essentials, please visit our website at [retrieveressentials.umbc.edu](https://retrieveressentials.umbc.edu), join our MyUMBC group <https://my.umbc.edu/groups/retrieveressentials>, and follow our Instagram [@umbcretrieveressentials](https://www.instagram.com/umbcretrieveressentials) so that you will always be aware of our requests for donations, virtual events, and updates."

### **UMBC Transit**

UMBC Transit: The student fee funded transit system may be utilized by faculty and staff with presentation of their UMBC ID card. Please note that PPE masking and social distancing at bus stops and aboard buses is required. [transit@umbc.edu](mailto:transit@umbc.edu) For updated information on routes and schedules, please visit [transit.umbc.edu](https://transit.umbc.edu)

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**commonvision, UMBC Design & Print Center:** commonvision offers color and black and white photocopying and laser printing, wide format printing, lamination, scanning, and a variety of finishing services as well as digital signage promotional features, animation, and 3D printing. Design services are available for free for student organizations marketing events and clubs. Campus design services are also available for all internal marketing materials. [commonvision.umbc.edu](http://commonvision.umbc.edu)

**Off-Campus Student Services (OCSS)** [ocss.umbc.edu](http://ocss.umbc.edu)

The primary goal of Off-Campus Student Services is to offer resources and services, programs, academic and social support, and educational opportunities to help off-campus students successfully navigate UMBC and life after college. We specifically focus on four student populations: commuters, transfers, veterans, and adult learners. Through our various mentor programs, workshops, and social events, we help students advocate for themselves and promote meaningful connections with their peers. OCSS is working and offering programs remotely at this time.

**Initiatives for Identity, Inclusion, & Belonging (i3B)**

Initiatives for Identity, Inclusion & Belonging (i3b) helps faculty, staff, and students develop the knowledge, awareness and skills necessary to cultivate an inclusive campus community. Through diversity, equity, inclusion, and social justice workshops, educational programming and core events, i3b helps the UMBC community build capacity around addressing issues of oppression and injustice on campus and beyond. In particular, we invite faculty and staff to request a workshop, class visit, consultation, or to encourage their students to attend our programming. In addition to awareness, knowledge and skill building, i3b also works to intentionally create a sense of belonging at UMBC for underserved and marginalized students. We do this through our three identity-based centers: The Mosaic and PRIDE Centers, along with our Gathering Space for Spiritual Well-Being, which are located across campus. To learn more visit [i3b.umbc.edu](http://i3b.umbc.edu) or [my.umbc.edu/groups/mosaic](http://my.umbc.edu/groups/mosaic). For more information contact Initiatives for Identity, Inclusion & Belonging (i3b) staff at [i3b@umbc.edu](mailto:i3b@umbc.edu).

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## **Retriever Integrated Health**

Retriever Integrated Health is located in the Center for Well-Being. Call 5-2542 for an appointment/information. For the latest updates on service availability and hours of operation, please visit [health.umbc.edu](http://health.umbc.edu).

**University Health Services'** clinical health services are available for students, and are designed to provide holistic, high quality primary and urgent care services including: diagnosis and treatment of acute illnesses and injuries, treatment and monitoring of chronic illnesses under the direction of their physician, immunizations including seasonal flu, allergy shots under the direction of an allergist. University Health Services will no longer serve in a primary care role for faculty and staff. Routine health maintenance and the management of chronic medical conditions should be performed by a community-based, full-service primary care provider. Continued faculty and staff access remains through the year for urgent care appointments (acute illnesses and minor injuries), allergy injections, acupuncture, massage therapy, and lab services. Acupuncture and massage services are available for students, faculty, and staff.

**Counseling Center** provides remote and in-person mental health services and programs for students and offers resources and consultation for faculty and staff to help support students. For information call 5-2542 or visit [counseling.umbc.edu](http://counseling.umbc.edu).

**The Office of Health Promotion** hosts campus wide programs run by the Health Promotion staff or trained Peer Health Educators that provide programs on a wide variety of health topics. To request these programs, please fill out our [Program Request Form](#). Make sure to submit your request at least **two weeks** before the desired program date.

**Workplace Learning, OD & Wellness**  
<https://hr.umbc.edu/wp-learning-and-wellness/>  
[hrtraining@umbc.edu](mailto:hrtraining@umbc.edu)